

# Discovering your SMARTS: A Multiple Intelligence Checklist

Your Name: \_\_\_\_\_

<p style="text-align: center;"><b>"BODY SMART"</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> I enjoy sports</li> <li><input type="checkbox"/> I like working with my hands</li> <li><input type="checkbox"/> I understand better when I do "hands on" activities</li> <li><input type="checkbox"/> I really like acting</li> <li><input type="checkbox"/> I like to move around a lot when I'm working</li> <li><input type="checkbox"/> I prefer sporting programs/movies on television</li> <li><input type="checkbox"/> If you were giving me a present, I would like some sports equipment</li> <li><input type="checkbox"/> I love to dance</li> <li><input type="checkbox"/> My favourite activities at school are PE and drama</li> </ul> <p style="text-align: right;"><b>SCORE:</b> ____</p>	<p style="text-align: center;"><b>"MUSIC SMART"</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> I like singing</li> <li><input type="checkbox"/> I enjoy listening to music</li> <li><input type="checkbox"/> I find sounds fascinating</li> <li><input type="checkbox"/> I play a musical instrument</li> <li><input type="checkbox"/> I sometimes make up my own songs</li> <li><input type="checkbox"/> I often tap my feet or fingers to various rhythms</li> <li><input type="checkbox"/> My favourite television programs are programs with music and singing like MTV, X FACTOR, IDOL</li> <li><input type="checkbox"/> If you were giving me a present, I would like a music CD or iTunes voucher</li> <li><input type="checkbox"/> My favourite subject is music</li> </ul> <p style="text-align: right;"><b>SCORE:</b> ____</p>
<p style="text-align: center;"><b>"GROUP SMART"</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> I really like working with other people</li> <li><input type="checkbox"/> I enjoy helping others</li> <li><input type="checkbox"/> I like meeting new people</li> <li><input type="checkbox"/> I really enjoy playing sport in a team</li> <li><input type="checkbox"/> I have a lot of friends</li> <li><input type="checkbox"/> I have good ideas for our classroom</li> <li><input type="checkbox"/> My favourite television shows/movies are about families &amp; friends</li> <li><input type="checkbox"/> If you were to give me a present, I would like an outing with my friends</li> <li><input type="checkbox"/> My favourite time at school is when we have group work</li> </ul> <p style="text-align: right;"><b>SCORE:</b> ____</p>	<p style="text-align: center;"><b>"SELF SMART"</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> I prefer to work on my own</li> <li><input type="checkbox"/> I like to think things through in my mind</li> <li><input type="checkbox"/> I keep a diary or journal</li> <li><input type="checkbox"/> I often reflect on how well I am doing</li> <li><input type="checkbox"/> I like to think about how I feel</li> <li><input type="checkbox"/> I often wonder what other people are thinking</li> <li><input type="checkbox"/> I like to set goals</li> <li><input type="checkbox"/> If you were giving me a present, I would like a diary</li> <li><input type="checkbox"/> My favourite time at school is when I can choose my own individual work</li> </ul> <p style="text-align: right;"><b>SCORE:</b> ____</p>

<p style="text-align: center;"><b>"WORD SMART"</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> I really like reading</li> <li><input type="checkbox"/> I like to write stories and poems for others to read</li> <li><input type="checkbox"/> I know the meaning of many words</li> <li><input type="checkbox"/> I enjoy word puzzles and games like Taboo, crosswords and word searches</li> <li><input type="checkbox"/> I like telling jokes, riddles and stories</li> <li><input type="checkbox"/> I like making speeches, giving oral presentations and having debates</li> <li><input type="checkbox"/> My favourite television programs/ movies have witty scripts like comedies and dramas</li> <li><input type="checkbox"/> If you were giving me a present I would like a book</li> <li><input type="checkbox"/> My favourite subject is English/ Language Arts</li> </ul> <p style="text-align: center;"><b>SCORE: ____</b></p>	<p style="text-align: center;"><b>"MATH/ LOGIC SMART"</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> I like to learn step by step</li> <li><input type="checkbox"/> I enjoy solving problems</li> <li><input type="checkbox"/> I like to explain how things work to people</li> <li><input type="checkbox"/> Working with numbers and shapes is fun</li> <li><input type="checkbox"/> I like setting up science experiments</li> <li><input type="checkbox"/> I am happy when things seem logical (they make sense and can be explained)</li> <li><input type="checkbox"/> My favourite television programs are documentaries</li> <li><input type="checkbox"/> If you were giving me a present I would like a board or computer game</li> <li><input type="checkbox"/> My favourite subjects are maths and science</li> </ul> <p style="text-align: center;"><b>SCORE: ____</b></p>
<p style="text-align: center;"><b>"PICTURE SMART"</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> I like drawing and painting</li> <li><input type="checkbox"/> I enjoy making models, murals and collages</li> <li><input type="checkbox"/> I like using pictures and diagrams to learn</li> <li><input type="checkbox"/> I can see the finished product in my mind</li> <li><input type="checkbox"/> Colour is important to me</li> <li><input type="checkbox"/> I can draw maps from memory</li> <li><input type="checkbox"/> I prefer television programs involving art and design ideas and demonstrations</li> <li><input type="checkbox"/> If you were going to give me a present, I would like a jigsaw puzzle</li> <li><input type="checkbox"/> My favourite subject is art</li> </ul> <p style="text-align: center;"><b>SCORE: ____</b></p>	<p style="text-align: center;"><b>"NATURE SMART"</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> I enjoy photography</li> <li><input type="checkbox"/> I like to hike through bushland settings</li> <li><input type="checkbox"/> I have a pet/s that I care for myself</li> <li><input type="checkbox"/> I enjoy gardening</li> <li><input type="checkbox"/> I prefer television programs with a focus on nature like <i>Discovery Chanel and Animal Planet</i></li> <li><input type="checkbox"/> I enjoy camping and hiking</li> <li><input type="checkbox"/> If you were to give me a present, I would like tickets to The Prague Zoo</li> <li><input type="checkbox"/> I prefer to be outside</li> <li><input type="checkbox"/> I care about the environment by reusing and recycling</li> </ul> <p style="text-align: center;"><b>SCORE: ____</b></p>