

The results of “THINK ABOUT FOOD” questionnaire

Erasmus+ kA 229

**“Green Schools for a bright green future —
Small steps can make a difference”**

THE AIM OF THE ANALYSIS:

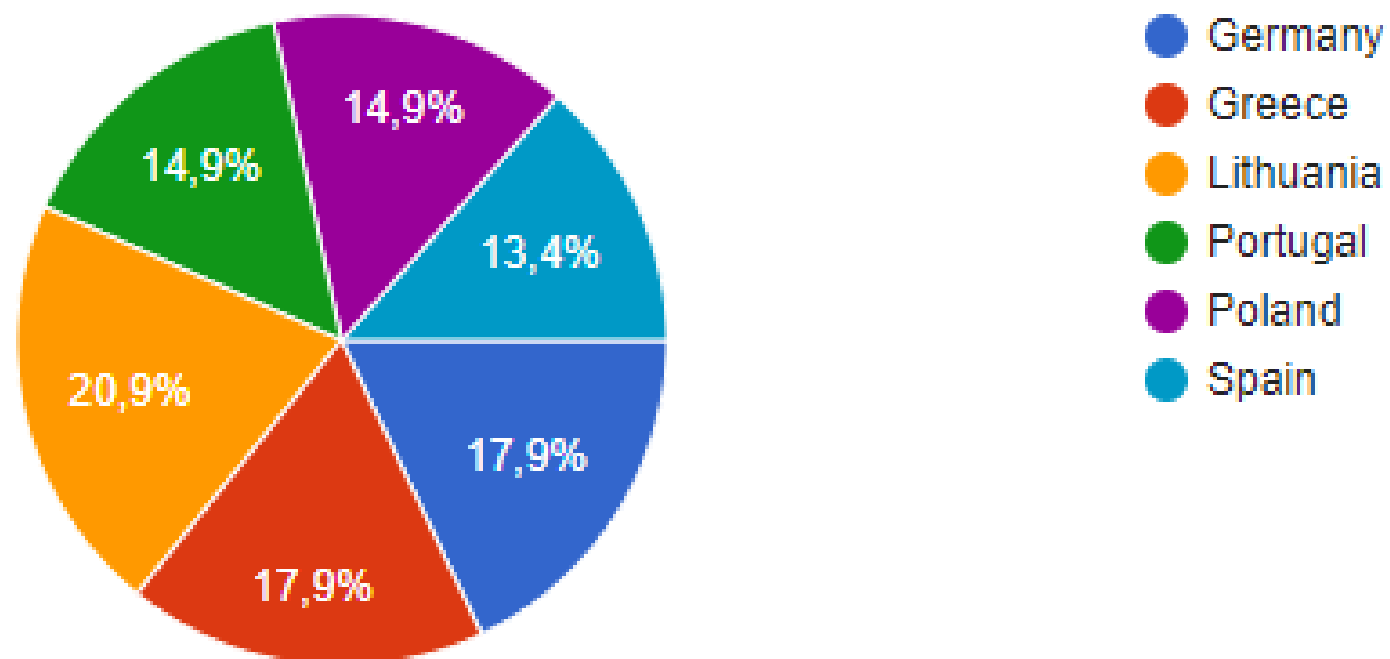
to find out our students' knowledge and what kind of food students consume and also awareness how waste food and packaging pollute.

**The answers were submitted by students from 6 countries:
Germany, Portugal, Lithuania, Poland, Greece and Spain.**

67 students have participated in survey

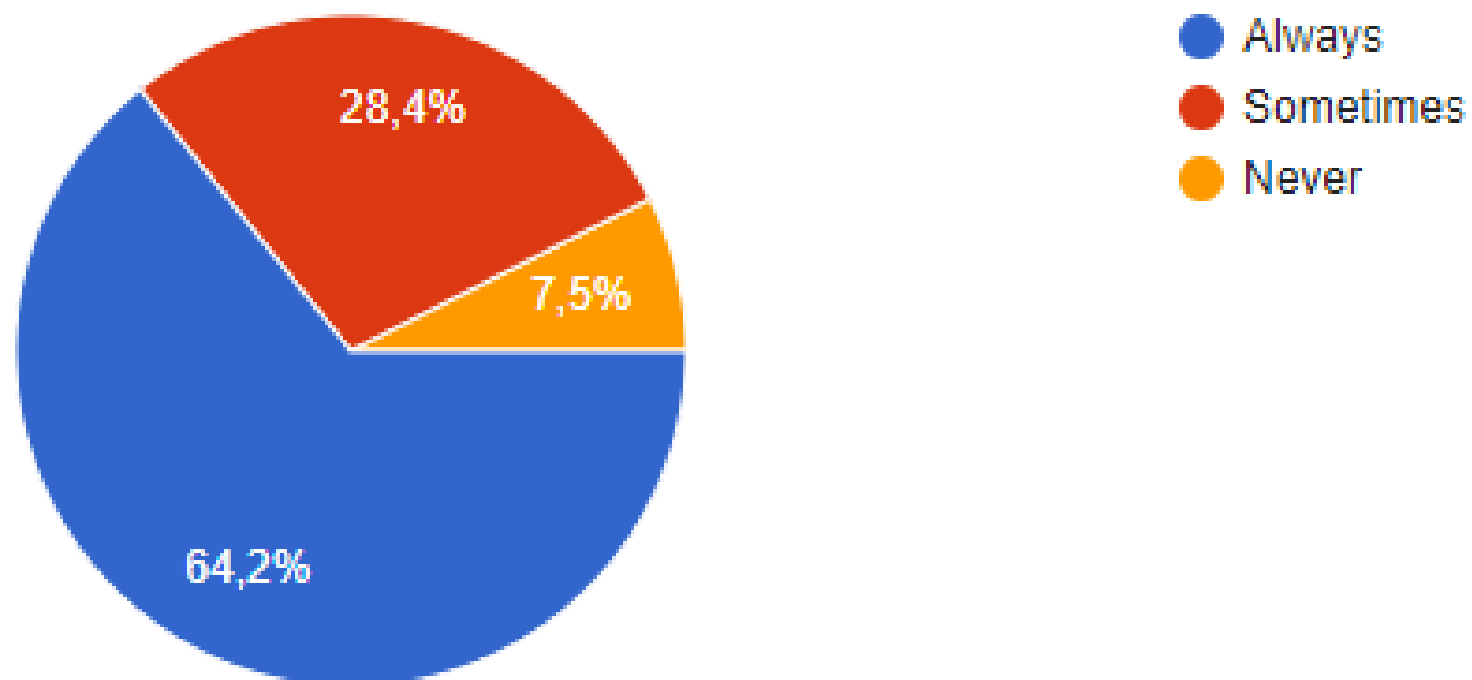
Please select your country

67 respuestas



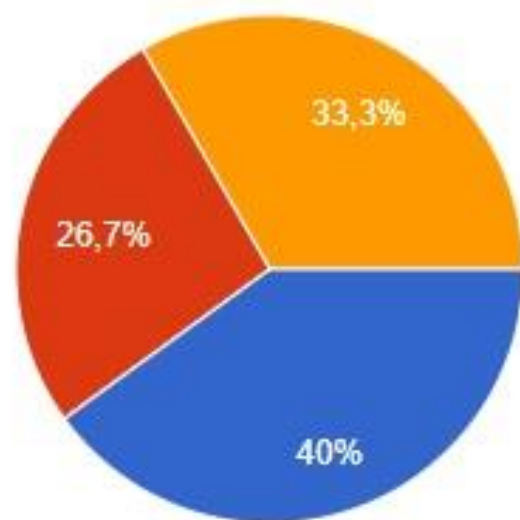
Do you and your family recycle at home?

67 respuestas



If in the previous question you have answered "never" choose one of the following:

15 respuestas

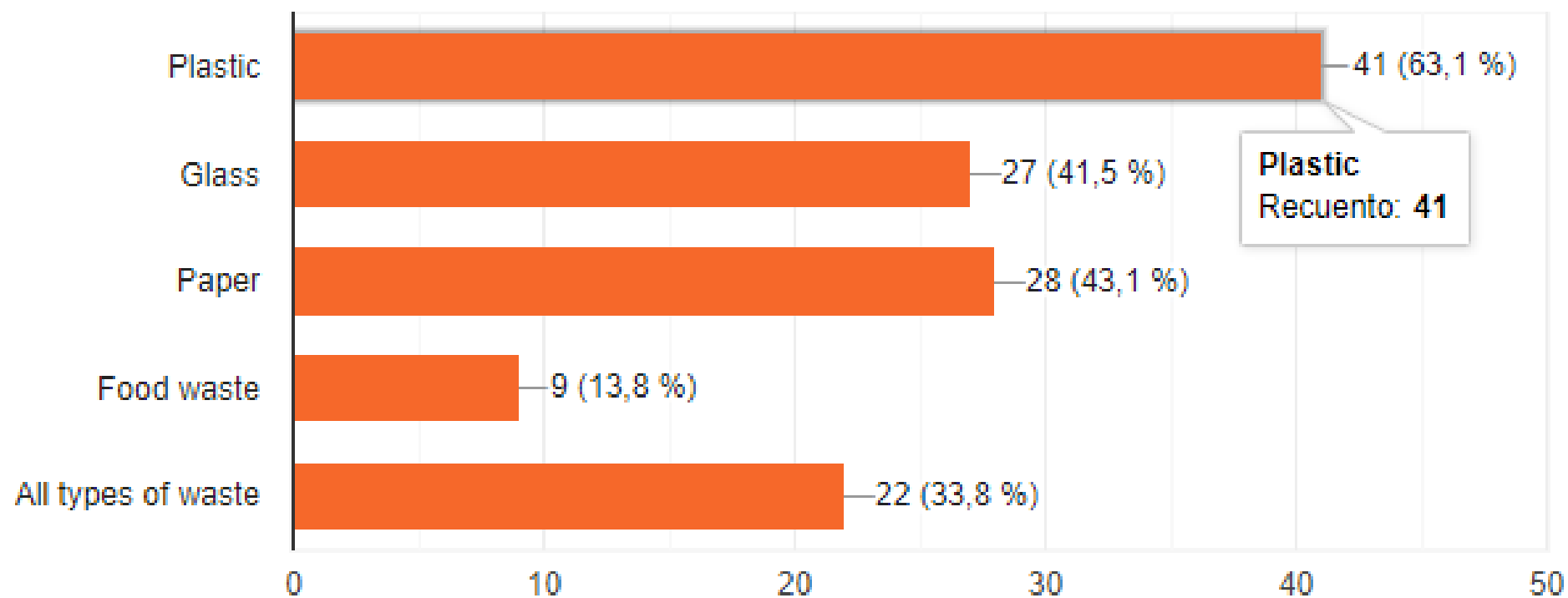


- Recycling bins are too far away
- Your family thinks recycling isn't important
- Your family believes that don't recycling has not effect on the enviroment

If you and your family recycle, what type of waste do you usually recycle?:

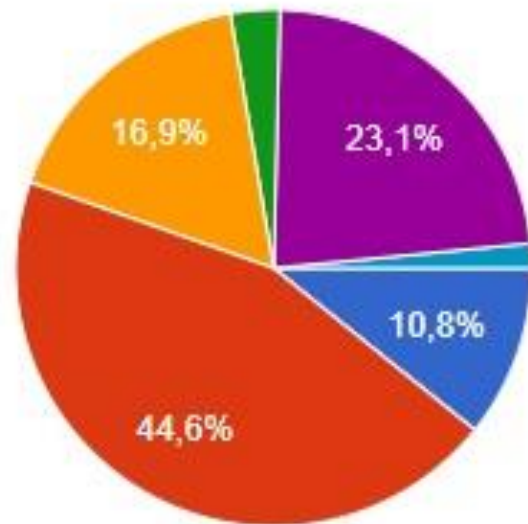


65 respuestas



What kind of snacks do you bring to school?

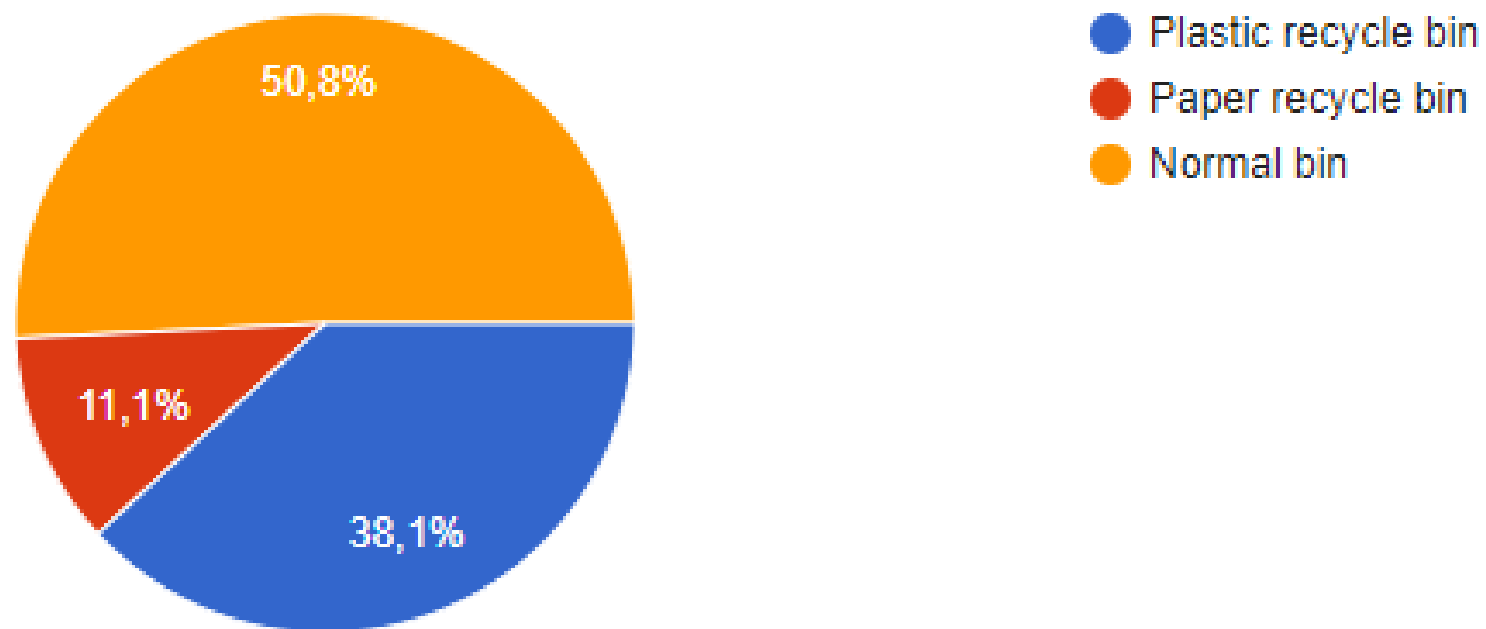
65 respuestas



- Sweet snack: a piece of cake, muffin, etc.
- Sandwich
- A piece of fruit
- Nuts
- Others
- No

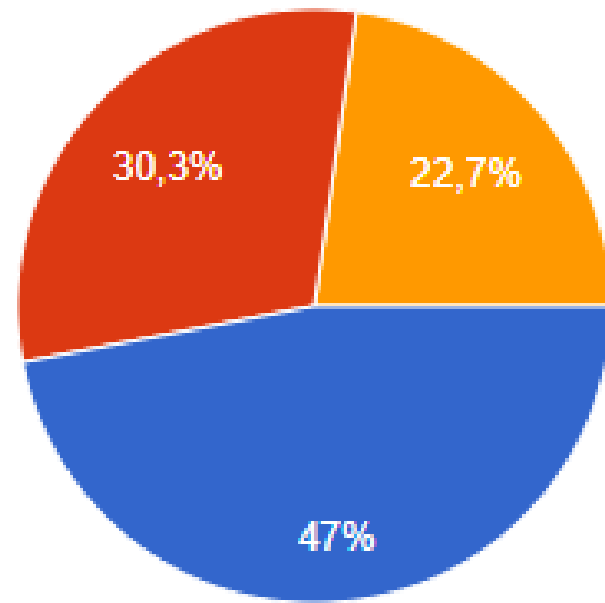
Where do you put the package of your snack?

63 respuestas



How frequently do you bring food from home?

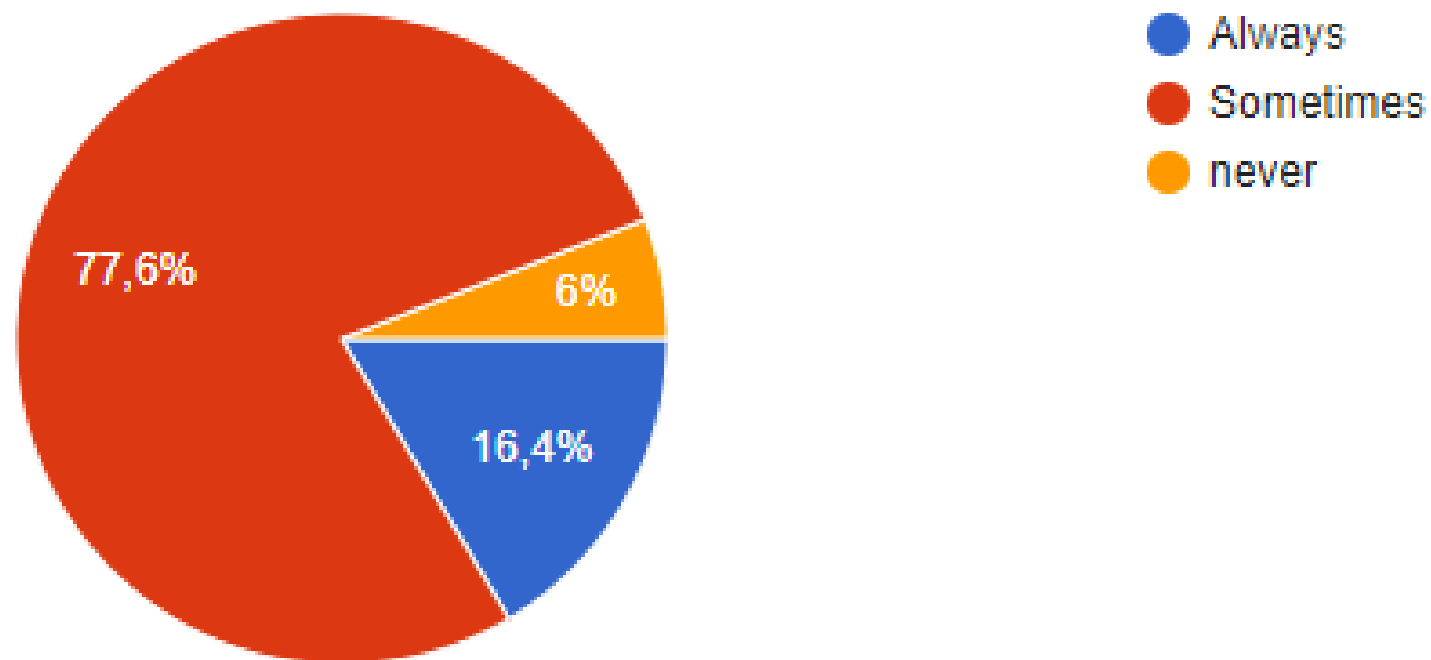
66 respuestas



- Every day
- Two or three times per week
- Never

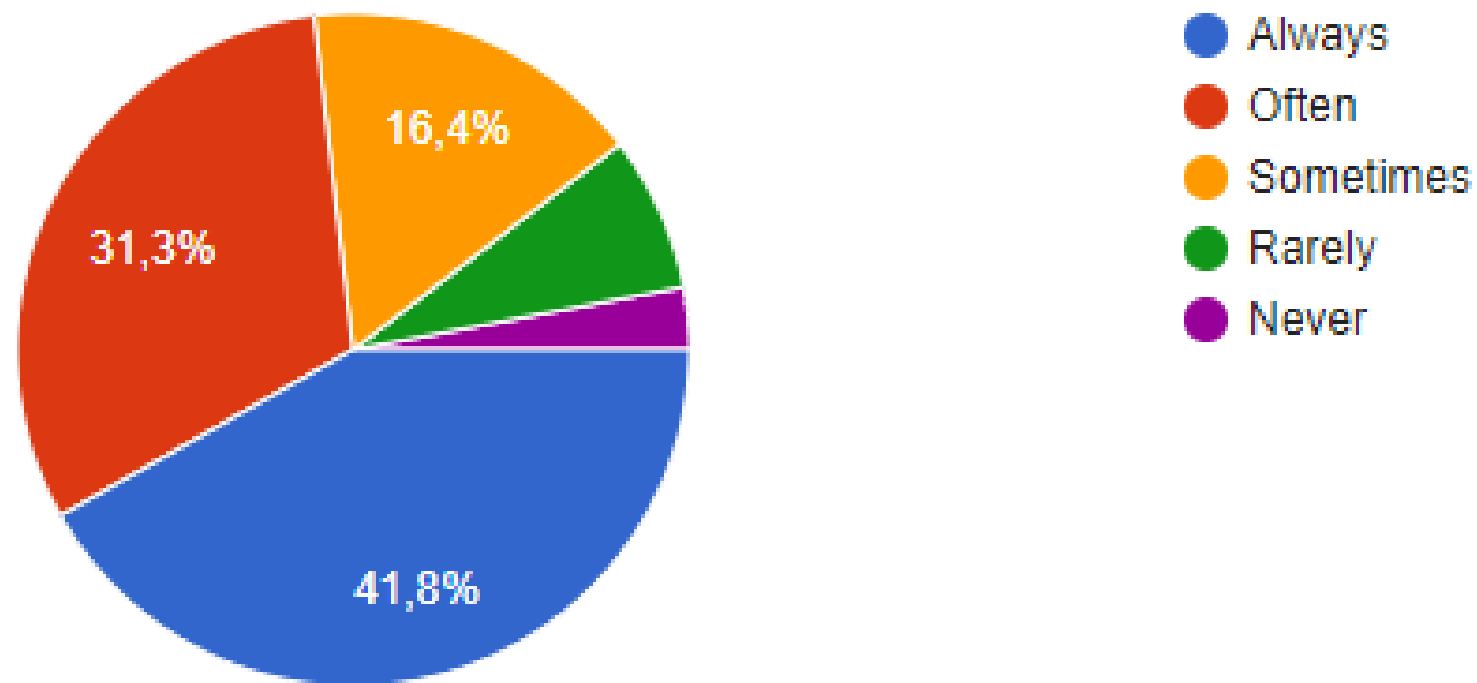
Do you think your daily diet is healthy?

67 respuestas



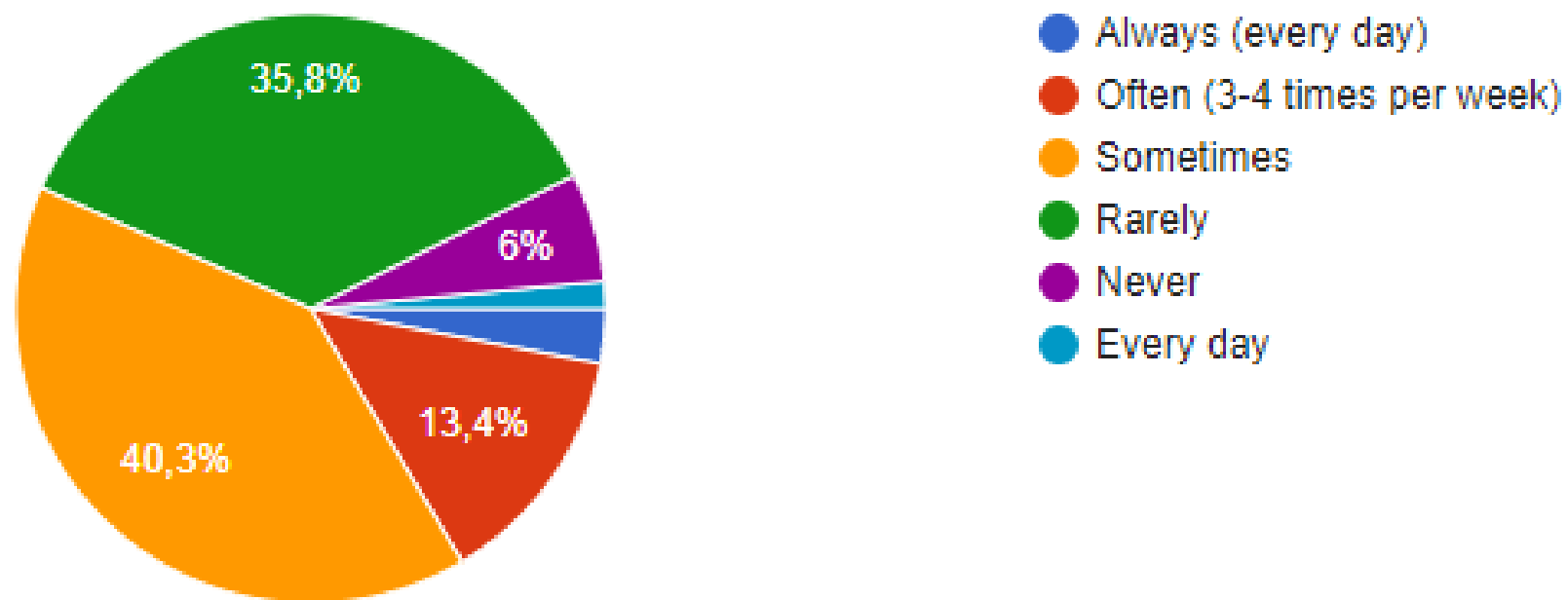
Do you eat fruits and vegetables daily?

67 respuestas



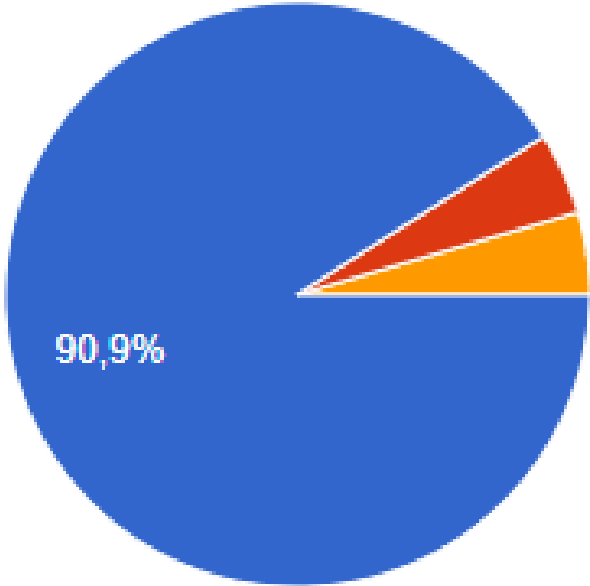
How many fizzy or sugary drinks do you usually drink per week?

67 respuestas



what kind of drink do you usually drink at your high school?

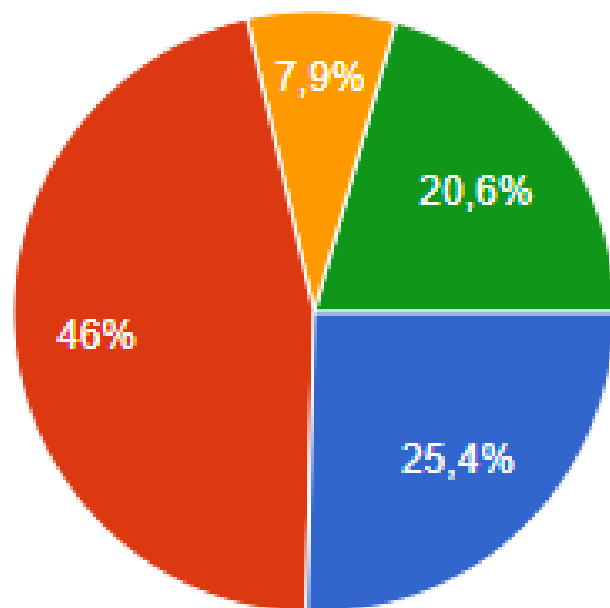
66 respuestas



- Water
- Fizzy drinks
- Fruit juices in tetrabriks

If in the previous question you have answered "water" choose one of the following water bottle packaging you usually use:

63 respuestas

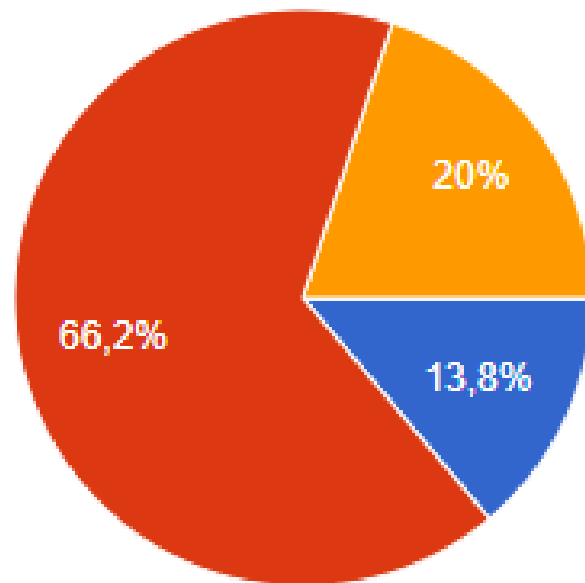


- Single-use plastic bottle
- Reusable plastic bottle
- Reusable glass bottle
- Reusable metal bottle

Which of the following options do it help to reduce the environmental impact of our diet? :



65 respuestas

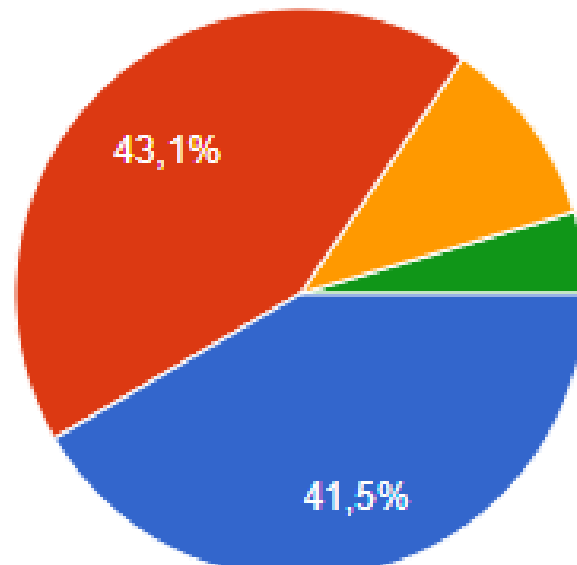


- Eating red meat every day
- Buying local and seasonal products
- Eating highly processed foods
- Eating fast food every day

What eating habit do you think is more sustainable for the environment?:



65 respuestas

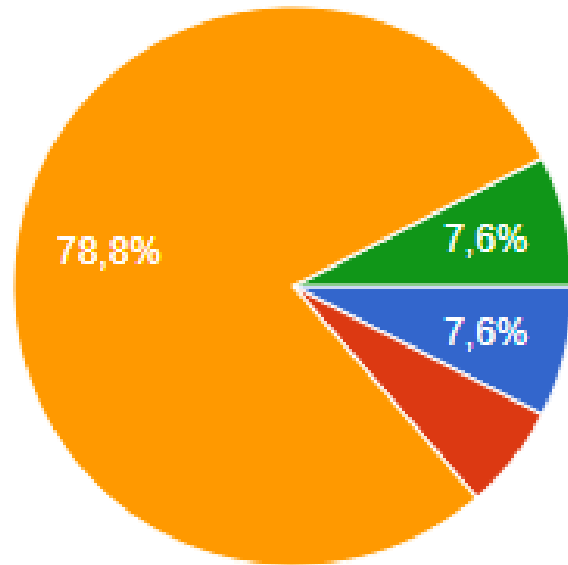


- Consuming individually packaged products
- Buying food in bulk
- Buying imported products from other countries
- Eating at fast food restaurants

What is the best way to reduce the amount of food waste we generate?:



66 respuestas



- Throwing away unused food instead of storing it
- Buying more food than we need
- Planning meals ahead and buying only what's necessary
- Buying takeout food and bringing it home

Who should take care for plants in the school garden?

A special group of students and teachers who like working with plants

Selected teachers and students

Interested students

There should be a class that takes care of the plants

Who should take care for plants in the school garden?

Predominantly the cleaning ladies but also, the students with teachers

A special group of students that is interested in gardening.

In my point of view, I think both students and teachers should take care for the plants in our school garden

The students so they can learn about nature.