

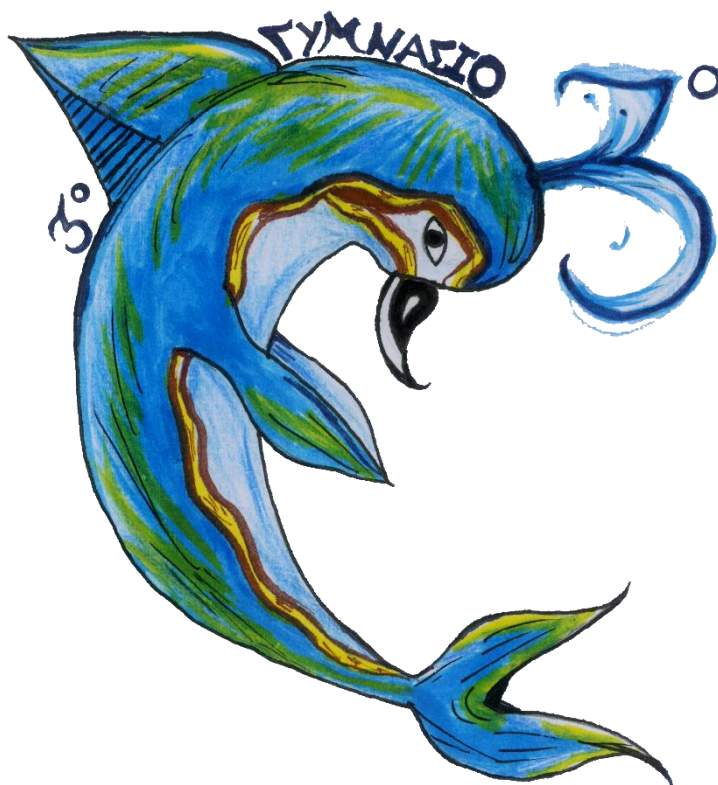


Product of ERASMUS+ project
„A Healthy Dose of Social Media“
2017-1-DE03-KA219-035534



E-BOOK OF STORIES WRITTEN BY GREEK STUDENTS

„ONE DAY WITHOUT SOCIAL MEDIA“



ONE DAY WITHOUT SOCIAL MEDIA

"A DAY WITHOUT A PHONE"

*BY PELAGIA FOTEINI THEODORAKI,
3RD GYMNASIUM OF HERAKLION CRETE*

Thursday, 15/3/2018

Dear diary,

AHHHHH!!!!

WHY? WHY? WHY WOULD SOMETHING
LIKE THIS HAPPEN TO ME?

So, it all started yesterday: I was doing my favorite hobby (what else could I do, except of posting selfies on Instagram), when my dad rudely entered my bedroom. He looked thrilled so I knew he'd suggest that I do something silly. He opened his mouth and these words came out of it:

"Hey, Sara! your mother and I decided to go camping this weekend. I'm sure you'll love spending some time in the fresh air!".

Well, I don't know what's wrong with dad, but he always adored nature. He may have a brain damage or he's just a psycho! How would he even dare to imagine that I would ever leave my babies, that is to say Instagram and Facebook, for a whole weekend?! They are the most important things in my life after oxygen and water: if I don't post 57 selfies a day, my followers will think I'm dead!

Nevertheless, unfortunately, my grand-parents had gone to a trip, so I didn't have any choice, apart from going camping without my phone! I know it sounds terrifying and so it is. When we put our stuff in the car, I looked back through my bedroom's window and saw all of my computer devices lying over my wooden desk. The time of saying goodbye to my social media apps was the hardest and tears began dripping from my cheeks. However, I turned my back and decisively got into our car.

After a whole hour being in a crowded vehicle with other four fans of nature who were singing stupid songs all over and over again, we finally reached our destination. They put up our tent, as well as unpacked our stuff, while I was crying my heart out like a helpless toddler that couldn't find her mother: I needed social media! However, there was no way a fairy would just appear in front of me, do her magic tricks using her

wand and transfer me to my house, where I have Internet access!

I had to take the situation in my hands...

Well, I don't know about you, but I've played thousands of video games which have to do with cars and how difficult would it be to drive a vehicle in real life? So, I sneaked into our automobile, pressed the pedal and

BANG!!!

Without even realizing it, I managed to crash the car onto a tree!

My parents would have killed me in zero time if they had seen it. And to save myself, I decided to hide the bonnet under branches, as well as leaves, but mum caught me in the act!... Surprisingly, though, she didn't get mad (maybe because the fresh air there had destroyed each of her brain cells). Instead, she just called a crane to come get the car, which of course means:

BYE, BYE, CAMPING!!!

So, here I am in my bedroom, three hours later, surrounded by my computer devices. I promise I will never leave them again for

more than five minutes, since they are my purpose in life. At least as long as I'm addicted to social media, of course...

ONE DAY WITHOUT SOCIAL MEDIA

"NO PHONE... STILL FUN..."

*BY ERATO KALOGIROU, 3RD GYMNASIUM OF
HERAKLION CRETE*

It was Monday, Annie, a 13-year-old girl, had just come home from school. She was bored and was waiting for her parents to come home. After a little while they returned from work. They were exhausted and headed straight to bed. Annie was complaining, her parents had promised her they would go outdoors and have a picnic. Annie begged them and after a lot of effort trying to convince them, they finally agreed.

Annie was thrilled! She packed her backpack and headed to the door. Her parents told her to hold her horses as they needed to get ready.

Although Annie likes being outdoors, she also loves using social media. Posting pictures, chatting and sharing posts is her favourite way to spend her free time.

Her parents were ready and before long they were all set to go! Annie thought it would be better if she didn't bring her phone with her. She was worried that she may break or lose it. The

family, all together, had a picnic in the forest near their home. They had the time of their lives! They were joking around and discussed various things they wanted to talk about. After 3 hours they returned home ready to go to bed. They were tired. Annie realized that she did not need her phone to have fun but rather her friends and family to keep her company.

Annie's parents decided to make it a habit to spend more quality time together as a family. That brought the family closer and shows that even though social media is amazing and has become a huge part of our lives, nowadays, real life bonds and connections are stronger than online ones.

A DAY WITHOUT SOCIAL MEDIA

"NO PHONE... STILL FUN..."

*BY OLGA TYMPAKIANAKI, 3RD GYMNASIUM OF
HERAKLION CRETE*

It is hard to imagine my life without social media. Social media has become an important part of my life, so a day without any form of social media can be strange for me.

My friends and I use social media in a number of different ways. We spend a lot of time using our social media, because we want to communicate with each other. Social Media also give us access to an unlimited number of photos, videos and information about others. Almost everyone uses some kind of social media or shares photos and messages with their friends just for fun.

However, I managed to spend a weekend without social media. I went to my village with my grandparents where we don't have internet, so I couldn't connect to the Internet to use social media and other applications. I did plenty of different activities instead, such as gardening with my grandma, donkey riding with

the help of my grandpa. I also learned how to cook traditional meals with ingredients from my grandparent's garden.

In conclusion, I must admit that I had a really good time without using social media, but this doesn't mean that I don't need social media. It is helpful, but only if I use it with moderation.

"ONE DAY WITHOUT SOCIAL MEDIA"

"WILL MY FEARS COME TRUE?"

*BY DANAE ATHINA THEOHARI, 3RD GYMNASIUM OF
HERAKLION CRETE*

One day I knew that this would happen. It was two minutes before when the lights went out. I was playing with my phone at that moment and I went downstairs to see what the problem was about. My father told me that we were not the only ones that were like this but instead that the whole town had gone black. 'I have a bad felling about it' I said and I was right. When I checked at my phone's screen and ... well here I am now and I cannot turn it on. I felt terrified and that's because my phone has nothing to do with home. But I...I need my phone. How I will now check my chats on the app like Messenger or how many views I have taken to my new Youtube video or worse, how will I post and comment on my Instagram and Facebook accounts, hah? That's a disaster.

But the worst thing is that what am I supposed to do now? I have to fix this. I am running to the city center there where

it is the river that gives "power" to the whole city. I am seeing that a lot of people had the exactly same "hero feelings" as I did. While I am not careful, someone pushed me and I fell down. Splats! I am inside the river. Now I got it. Someone unknown have cut down the ropes that was the protection area of falling into the river. But wait a minute, the machine is still working. Oh no! I will get myself killed because of internet and Social Media? Why have I done that to my life? Why? Suddenly, a girl yells at everyone:«Hey, there is a boy in there!>>. They started coming down and pulling me out of the water and I recognized the first faces that I see. Oh my God, are they my parents?

"Mark? Mark, wake up!" Oh hopefully, it was just a dream! But what if that dream becomes a reality? No, I will not let this happen. "Mother, I want you to take my tablet and Videogaming equipment and give them to recycling". My mom looked at me and said "Are you sure?". "Yeah mom I want a real life, not a fake one!" I said to her. "Ok but get ready for school now!".

ONE DAY WITHOUT SOCIAL MEDIA

BY MANOS XIROUHAKIS

While I was playing on my phone there was an electric power cut and I didn't have internet connection. With my family we phoned the police, because we wanted to learn what happened. From the bad weather the electric get down and at the and told us that we don't have electricity for one day. And if we hadn't electricity we hadn't internet connection. I had because I couldn't do my exercises for school. Also I couldn't be on youtube or instagram. Except those thinks I could had contact with my friends. I was nervous about those thinks. At the end the electric had tomorrow and then I could have contact with my friends. Absolutely a day without social media is very awful.

ONE DAY WITHOUT SOCIAL MEDIA

BY GEORGE SIFAKIS

We are the generation of Social Media. It is part of our daily routine. Everything is posted on line. So what would happen if there was no social media for a day. Let's see what happens...

It's Saturday, I get out of bed and there is no internet, there is no news or stories to follow. Instead I have a talk with my mother while having breakfast about how we plan on spending the day. I get dressed, take my bike outside and go to the market with my mom. After returning home I continue riding my bike to the port. I go to the end of the pier. Our town is lovely. I hadn't noticed the sea, the mountains and their colors. Now I look and pay attention, instead of taking pictures and uploading them on Instagram.

I head back home, it's lunchtime. I prepare our meal with my mom. We cook together, no YouTube tips. We are really enjoying ourselves, laughing and talking. I have a little rest, but what shall I do? I take a book I started a while ago and continue reading a couple of pages. It is now late noon and I call my friends, using our home line. We go for basketball.

Time really flies when you are with people, having fun and sharing experiences. I thought that a day without social media would be hard and boring, time would stay still. Instead I had fun seeing my friends face to face. It is good to have from time to time and spend a day off from social media!

"A CITY WITHOUT ELECTRICITY"

BY TZAGKARAKIS IOANNIS

A day without social-media isn't good. Social media enables people to be informed about the world so we cannot live without social media.

To start with, a day without social media is bad for people. I think that kids must learn what happens in the world. There was a day in a city where there was no electricity in their houses. Nobody could get on facebook, instagram, twitter or YouTube. They were bored because they had nothing to do so, all day long, they sat and talked about this problem.

The next day it was raining cats and dogs, so the people had nothing to do again and it was also cold. The kids were sleeping all day because they were cold and had no lights or heating. Luckily a man visited the city to solve the problem. As he was an electrician, of course, everyone was very pleased that they had electric power.

I think that it was a bad day but in the end people, with the help of the electrician survived. I hope that now, all of them are very happy.

"ONE CHANGE IN MY DAILY ROUTINE"

BY PAPADAKIS APOSTOLOS -IOANNIS

Almost everyone can use the social media, but this is not always good. Sometimes social media can cause a lot of troubles. This happened to me.

One day when I was on a trip with my family, I uploaded a photo of myself in the forest. Then my mum told me to come for lunch and I went there without my phone, because I had forgot it under a tree. We started to take the way back home. When I understood it, it was too late and we had already slept. The next day, I told it to my father and we went back in the forest. Finally, I found my phone. When I turned it on, I saw that my photo had two hundred likes and a lot of messages to answer.

In the end I understood that I had survived one day without social media. This was an experience of a life time!

"A DAY WITHOUT SOCIAL MEDIA"

BY VLATA MARIA

The clock rang and Alison woke up. "You have to get up, honey", said her mother. What a wonderful day in New York!

Alison started texting with her best friend, whose name is Moli. Then, she prepared for school and she left her mobile phone on the table. "You are late. Hurry up!", said Alison's mum. She sighed and obeyed to her stressful mother.

When she arrived at school, she opened her school bag to take her phone, but she couldn't find it. Unfortunately, she had forgotten it back at home. Unfortunately, she would spend all the morning without it. She tried to forget about it, as she was talking with her friends.

After school she turned on her laptop to visit her facebook page. She was uploading photos. At the evening she was going to go shopping with Moli, so she started to do her homework. The earliest she started to study, the fastest she would finish.

Then, she went to the cafeteria, where she would meet her friend. They visited many shops and they were talking for hours. After that, they ate some ice-cream and took many selfies too. Then she sent a text message to her mum to pick her up.

At night, she was seeing some photos on Instagram, since she fell asleep.

That day Alison hadn't used Social Media very much, but she had a lot of fun. Instead of texting with her best friend like every day, she was talking to her face to face. All in all, it's better to spend less time on Social Media. However, we should use them correctly, so as to make our life easier and better.

3RD GYMNASIUM OF IRAKLION, IRAKLION, CRETE, GREECE



The European Commission support for the production of this publication does not constitute an endorsement of the contents which reflects the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.