

## CLIL LESSON PLAN

Subject: Physical Education

Teacher: Nikolaos Toutoudakis

Grade: 7<sup>th</sup> or 8<sup>th</sup> year

### Lesson Worksheet

#### Lesson Aims:

- To improve students' skills in English language
- To introduce basic basketball terms and rules
- To inform students about the history of basketball
- To help students to learn about sports in an experiential way
- To help students learn the basic rules about the team sport of basketball
- To enhance students' motivation about basketball
- To encourage students to practice team sports like basketball

#### ACTIVITIES

1. Use the words below the texts to fill in the missing information to find out the history of basketball.

#### History of basketball

The **history of basketball** began with its invention in 1891 \_\_\_\_\_ Massachusetts by Canadian physical education instructor \_\_\_\_\_ as a less injury-prone sport than football. The game became \_\_\_\_\_ fairly quickly and grew very popular as the 20th century progressed, first in America and then throughout the world. After basketball became established in American colleges, the \_\_\_\_\_ game followed. The American National Basketball Association (NBA), established in 1946, grew to a multibillion-dollar

\_\_\_\_\_ by the end of the century, and basketball became an integral part of American culture.

## **Invention of the game**

The game of basketball as it is known today was created by Dr. James Naismith in December 1891 in Springfield, Massachusetts to \_\_\_\_\_ young athletes during cold months. It consisted of \_\_\_\_\_ baskets and a soccer style ball. He published 13 rules for the new game. He divided his class of eighteen into two teams of nine players each and \_\_\_\_\_ about to teach them the basics of his new game. The objective of the game was to throw the basketball into the fruit baskets \_\_\_\_\_ to the lower railing of the gym balcony. Every time a point was scored, the game was halted so the \_\_\_\_\_ could bring out a ladder and retrieve the ball. After a while, the bottoms of the fruit baskets were removed. The first public basketball game was played in Springfield, Massachusetts, on March 11, 1892.

On December 21, 1891, James Naismith \_\_\_\_\_ rules for a new game using five basic ideas and thirteen rules. That day, he asked his class to play a match in the Armory Street court: 9 versus 9, using a soccer ball and two peach baskets. The first inclusion of basketball in was in the Berlin Olympic Games in 1936. (source: [https://en.wikipedia.org/wiki/History\\_of\\_basketball](https://en.wikipedia.org/wiki/History_of_basketball))

- Nailed
- Janitor
- Published
- in Springfield
- Professional
- Enterprise
- Condition
- Peach
- Set
- James Naismith
- Established

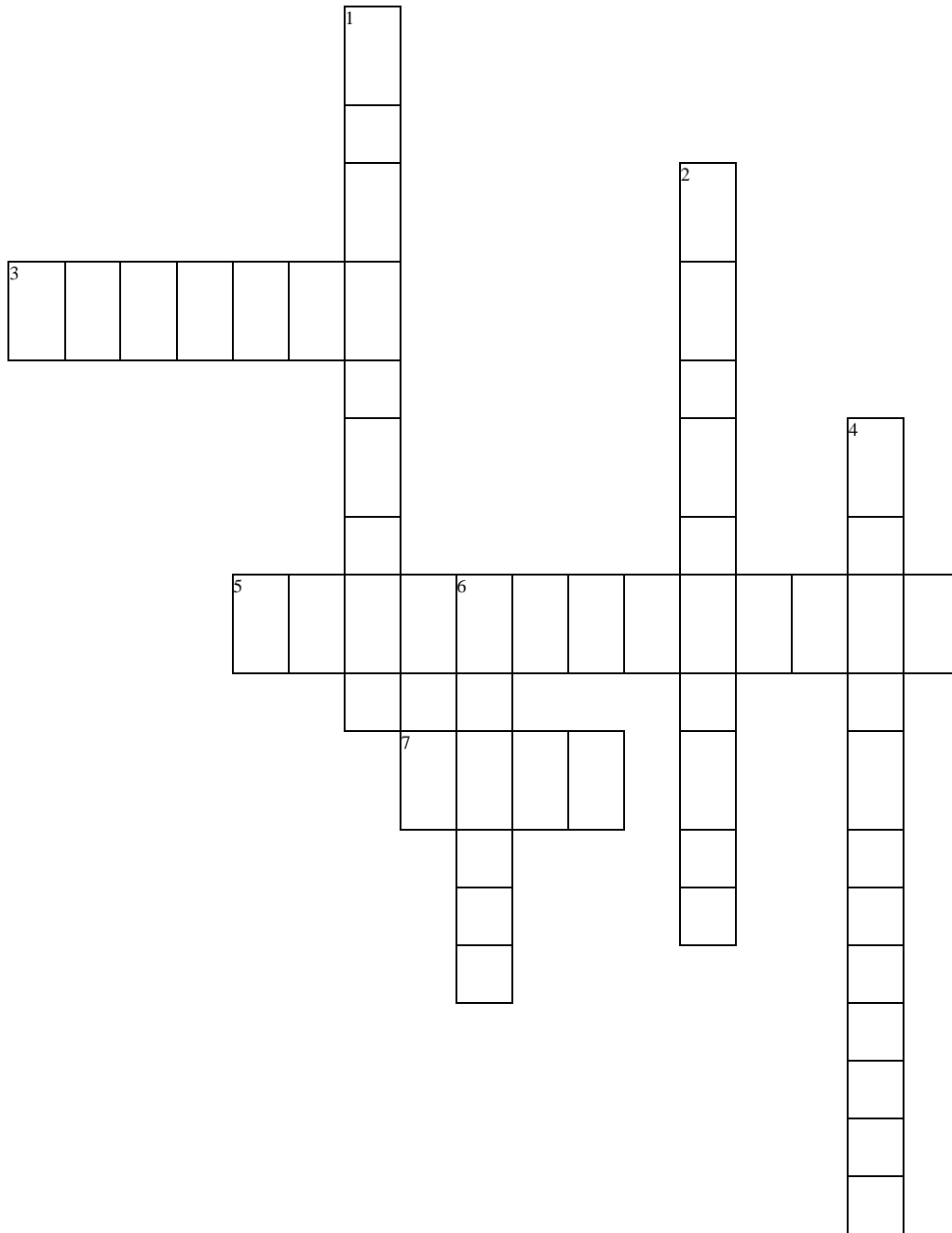


Source: (Physical education, teacher's book)

<b>2. <u>BASKETBALL QUIZ</u></b>	
<p><b><u>he sport of basketball was invented by:</u></b></p> <p>A. Din Martin            B. James Naismith            C. Nick Galis            D,Denis Norman</p>	<p><b><u>The sport of basketball was played for the first time:</u></b></p> <p>A. The 1932 in France            B. The 1871 in Australia            C. The 1891 in America            D. The 1923 in Sweden</p>
<p><b><u>Basketball officially appeared in the Olympic Games:</u></b></p> <p>A. In Montreal in 1976            B. In Munich 1972            C. In Barcelona 1996 Forum            D. In Berlin 1936</p>	<p><b><u>Basketball made its first appearance in Greece:</u></b></p> <p>A. In Thessaloniki 1919            B. In Patras 1912            C. In Athens 1922            D. In Heraklion Crete 1920</p>
<p><b><u>The basketball court has dimensions:</u></b></p> <p>A. 40x20 meters            B. 28x15 meters.            C. 32x17 meters.            D. 50 x 25 meters.</p>	<p><b><u>The number of players in a basketball team is:</u></b></p> <p>A. 5 in the game and 7 substitutes            B. 6 in the race and 6 substitutes            C. 7 in the game and 5 substitutes            D. 5 in the game and 5 substitutes</p>
<p><b><u>A basketball match lasts:</u></b></p> <p>A. 2x20 minutes            B. 3x10 minutes            C. 4x10 minutes            D. 2 x 15 minutes</p>	<p><b><u>The attack lasts in basketball:</u></b></p> <p>A. 30 seconds.            II. 24 seconds.            C. 18 seconds.            D. No limit.</p>
<p><b><u>Which of these thoughts are positive when you lose an easy shoot at basketball?</u></b></p> <p>A. The board is to blame, it was very hard.            B. I didn't put my hand correctly.            C. We all make mistakes; I will concentrate on the next.            D. How I missed such an easy basket.</p>	<p><b><u>A player is permanently expelled from the game when he does:</u></b></p> <p>A. 6 personal fouls            B. 5 personal fouls            C. 4 personal fouls            D. 7 personal fouls</p>

**3. Crossword puzzle activity**

# Basketball



## Across

3. When a player bounces the ball while running
5. Usually the player on a team with the best shooting abilities
7. When a player throws the ball to another player

## Down

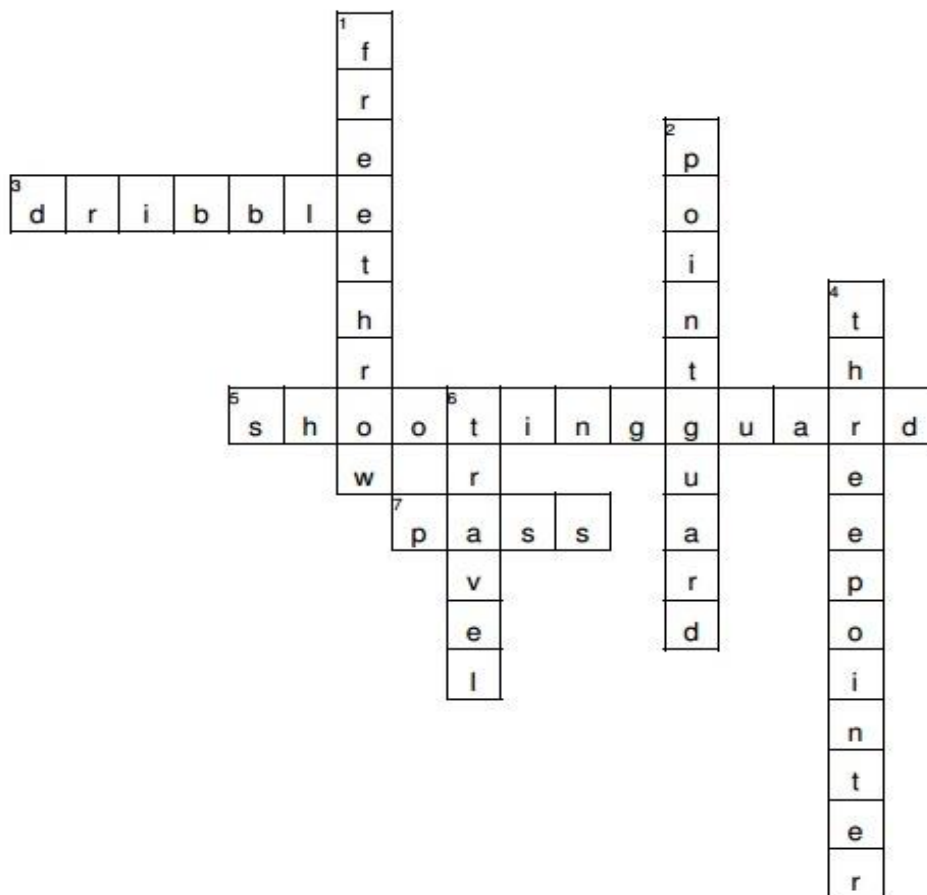
1. A goal scored from the place a player stands while taking a foul shot
2. Usually the player on a team with the best ball control.
4. A goal shot from the threepoint line.
6. When a player runs with the ball without dribbling

[\(https://crosswordlabs.com/\)](https://crosswordlabs.com/)



Solutions of the crossword puzzle

## Basketball



### Across

- 3. When a player bounces the ball while running
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## 4. Word Search Puzzle

 **basketball** **Word List**

y	p	d	f	c	s	c	r	e	e	n	b	h	v	a
x	y	r	r	e	s	n	c	c	d	i	t	m	r	m
s	p	i	e	n	p	l	c	g	e	m	d	h	e	w
c	z	b	e	g	r	i	w	o	f	j	u	u	t	r
o	z	b	s	j	i	l	j	i	e	x	a	v	c	e
r	a	l	h	k	n	e	s	t	n	y	b	z	v	f
e	r	e	o	z	g	l	f	a	c	e	f	n	k	e
x	k	g	o	t	f	r	a	a	e	b	x	m	h	r
z	s	o	t	b	i	z	i	y	v	a	p	e	p	e
j	y	b	b	b	e	m	r	d	u	z	f	r	t	e
w	q	p	l	o	l	z	b	n	r	p	x	c	k	p
a	j	j	e	p	d	n	a	i	s	m	i	t	h	e
c	n	i	u	a	i	v	w	x	f	v	o	n	y	f
k	e	b	s	b	c	s	h	o	o	t	e	p	z	h
z	b	u	s	f	e	h	x	y	h	e	z	u	d	s

dribble  
defence  
naismith  
peach  
screen  
freeshoot  
shoot  
score  
layup  
referee  
springfield

**Reset**

